



**Remi and Ilian Gouliardon**



**Faith, Keira & Gemma Ford**



**Colten & Sienna Blau**



**Raphael & Gabrielle Pereira**

**Remi and Ilian Gouliardon, six months old**

"I love my twin boys but constantly feel that I can't give enough attention to each one. If I am playing with one, I feel guilty that I am not with the other one. They don't seem to mind, but it really bothers me. So I started taking turns taking only one out with me - he gets all the attention for a while, and I feel a lot better! When it comes to getting around, you can't have a sporty looking car with twins and an older child in tow. We now have an SUV, ala the "Twin Mobile", to pack in three car seats, a double stroller and some passengers comfortably. There's also the "mummy brain" problem, which is now twice as bad with twins - can't tell you enough about the number of things I forget to do these days!"

- Kelly Bassett-Gouliardon, 41, lecturer

**Tristan Welle & Célestine Sixuan Groleaus, seven months old**

"Singaporeans are a chattier bunch than I thought! Going out with our twin-stroller never fails to draw curious stares, smiles and questions! The biggest challenge to be is certainly breastfeeding! As I had given birth via c-section,

which is quite the norm for delivery of multiples, my breast milk took a long time to come in. I will never forget how for the first two weeks, I had to pump every two-and-a-half hourly and the yield each time was only 30ml. That was not sufficient even for one baby. Direct breastfeeding also wore me out. I would let Tristan latch on and he took 40 minutes and then followed by Celestine for another 40 minutes. By the time Celestine was finished, Tristan was ready for more! There